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| **Rating** | **How did it feel?** | **Behaviour** |
| 6 | It was an enjoyable class and there was a relaxed and purposeful ‘buzz’ throughout the lesson. All pupils were focused on learning for the majority of the lesson. | You may have occasionally needed to give a gentle reminder or two to maintain the working atmosphere. |
| 5 | The class was rather ‘bubbly’ but you didn’t have to exert yourself much maintain a positive working atmosphere. The majority of pupils were focused on learning for the bulk of the lesson. | Perhaps there were some minor instances of off-task behaviour, but pupils responded to warnings.  |
| 4 | The lesson left you feeling a bit drained as it was an effort to maintain a calm or purposeful atmosphere. The majority of pupils were able to learn, though sometimes despite the behaviour of others in the class. | One or two pupils were persistently uncooperative or the class was ‘rowdy’. For example, it was difficult to get pupils to stop calling out or talking to each other, and may have required one or two yellow cards. |
| 3 | This lesson was a strain as it took great effort to maintain a working atmosphere.The pupils who wanted to learn were able, though in a noisy environment. | A number of students were persistently uncooperative and it was a struggle to maintain the pace and purpose of the lesson. Several students ignored warnings and a number of yellow cards were given out. |
| 2 | This lesson was very stressful and despite your efforts a working atmosphere was barely sustained. Pupils who wanted to learn will have struggled to do so.  | A number of students basically refused to take part in the lesson and you found yourself a bit harassed. Pupils routinely talked over you and you lost track of warnings and yellow cards given as there was too much going on. |
| 1 | This was a horrible lesson that left you feeling exhausted, upset or depressed. Little or no learning took place. | There was major disruption and/or a significant number of pupils refused to follow basic instructions. Many pupils completely ignored the learning; some wandered around the room, refused to stop talking or threw things when your back was turned. When you attempted to issue warnings or cards, pupils argued with you. |

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